





RUNNING CIRCUIT

Get out into the wonderful natural landscape of the Resort and join other fellow runners in our PGA running events. As the aim is to enjoy running together and have fun we will all go at the same pace.

TENNIS & PADEL

Discover the simple pleasure of playing tennis and padel or get a pro-level session to improve your game and fitness. We make sure you acquire new skills and have a fun time on the court.





BIKE RENTAL

Explore the area by bike and enjoy breathtaking scenery and charming towns along the way. Discover the nearby villages on our guided cycle tours on specific dates.

FITNESS CLASS

Keep fit with our instructor Maria Fenasse, in this electrifying exercise session. Class suitable for all levels.

- Pilates - Stretching



FITNESS CLASSES

If you prefer to exercise in company why not join one of our many lifestyle classes available at the resort



- Spinning

€20/adult *



BIKF TOUR

Discover by bike the local surrondings with a local guide.



€25/adult *



Do you want to improve your skills? Our coaches from PGA Catalunva Resort Tennis Academy will help you to perfect your game.



€25/adult *



FOREST PARK

Hidden in the resort's woodland, this exciting forest adventure features adrenalin-pumping zip lines and wooden bridges in the trees.

€20/adult * €15/kid



GIRONA: FLAVOURS TOUR

This morning tour will allow you to enjoy and discover local food, wine and the history behind the Catalan Mediterranean culture day to day life!

€69/adult (transfer not included)

INTO NATURE 1 : TORTOISES

Find out all about these amazing tortoises living in the resort with our resident biologist.



INTO NATURE 2: BIRDS & INSECTS

Discover the birds and insects hiding inside our resort, and learn about them with our resident biologist.



NATURE

SPORT

GASTRONOMY



GIRONA: TAPAS & WINE BY NIGHT

Experiences Girona's secret flavours! Enjoy the Mediterranenan cuisine like the locals, full with good wines and delicious Ibérico Ham.

€79/adult (transfer not included)