



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10.00-13.00	Nico's Games	Little Yoguis	Nico's Games	Little Yoguis	Nico's Games	Art Attack	Little Yoguis
	Organic Life	Art Attack	Bio Trip	Organic Life	Yummy	Organic Life	Bio Trip
13.00-15.00	Lunch and chill out hour						
15.00-18.00	Art Attack	Bio Trip	Nico's Games	Nico's Games	Nico's Games	Little Yoguis	Art Attack
	Snack-break	Snack-break	Snack-break	Snack-break	Snack-break	Snack-break	Snack-break
	Little Yoguis	Nico's Games	Yummy	Art Attack	Art Attack	Yummy	Nico's Games

■ Sports & Games ■ F&B ■ Nature ■ Art & Creativity

- Nico's Club opens from 10.00 to 18.00. We welcome children unaccompanied from 3 up to 12 years. Kids under 3 can use the facilities on a complimentary basis during opening hours if they are accompanied by an adult.
- Activity dates and hours are subject to change. In case of rain or adverse climatology, outdoor activities will be replaced by alternative activities inside the Kids Club.
- Each child should be registered at the Kids Club by their parents or legal tutors, as well as dropped off and collected by an adult. Please notice that neither the Hotel nor the Kids Club will be responsible for any items lost at the Kids Club.

Information and bookings at wellness reception (Monday to Thursday 12.00-20.00, Friday to Sunday 10.00-20.00), ticking on extension 230, telephone +34 972 181 020 or by email at [nico@pgacatalunya.com](mailto:nico@pgacatalunya.com)

Single Activity	€15
Half Day (10.00-13.00 or 15.00-18.00)	€25
Full Day (10.00-13.00 and 15.00-18.00)	€45
Half Day + Lunch (10.00-15.00 or 13.00-18.00 + lunch)	€40
Full Day + Lunch	€60
Lunch	€30



**PGA CATALUNYA**  
RESORT



### Nico's Games

Having fun and learning at the same time with Nico's games at the Kids Club. Making new friends and developing personal skills together.

### Little Yoguis

This hatha-based practice focuses on child friendly poses combining breathing, balance and relaxation. Children will be guided to learn a series of poses where they learn to stand strong like a tree, flutter like a butterfly and roar like a lion.

### Bio Trip

Discover the wonderful natural environment at PGA Catalunya Resort. Numerous species of plants and animals live in a unique ecosystem within the resort. We will observe them and learn how to conserve their way of life.

### Organic Life

Let's learn the secrets of the orchard in the organic garden. We will plant and observe how different vegetables and flowers grow and learn to appreciate how our food is produced. We will enjoy an al fresco picnic lunch in the garden.

### Art Attack

Exploring different materials and techniques children can find the best way to express their creativity. Workshops are inspired by great artists such as Dali, Gaudi and Picasso.

### Yummy

Our smallest guests will be able to develop their culinary skills in our food and cooking workshops. Tasty fun creating dishes to make all by themselves and then share the recipes at home.

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